## **DONATE TODAY**

With 1 in 68 children being diagnosed with autism, Canada needs a single voice that directly supports these individuals and their families. Autism Canada is that voice. With 13 of our 15 board members being parents of someone on the spectrum or on the spectrum themselves, we get it because we live it.

Together with our Provincial and Territorial Council, we collaborate to share best practices and evidence based programs. We work together to advocate for universal access to treatments, services and supports. We are the Canadian voice bringing about real change for all those touched by autism.

Name	
Address	
City	
Province	Postal Code
Phone	
Email	I
Enclosed is my donation of	□ \$100 □ \$75 □ \$60 □ \$30 □ \$
🗆 Visa 🛛 🗛	MasterCard
Card #	Exp:
Name on Credit Card	
Signature	

□ I have enclosed a cheque payable to Autism Canada

□ I would like to make a montly donation through my credit card of:

□ \$50 □ \$35 □ \$20 □ \$ \_\_\_\_\_

For recognition purposes, your name will be listed as above, or:

□ \_\_

□ I prefer to remain anonymous

□ I would like information on making a planned gift

I have made arrangements to include Autism Canada in my Will

AUTISM SOCIETY CANADA | SOCIÉTÉ CANADIENNE DE L'AUTISME CHARITABLE NUMBER: 13160 7657 RR0001 IMPORTANT: Please do not send cash through the mail. (An official tax receipt will be issue for all donations of \$20 or more)

# **OUR VISION**

That people on the Autism Spectrum have full, healthy and happy lives.

## **OUR MISSION**

Advocate for and support Canadians with autism and their families.

# **OUR NATIONAL INITIATIVES**

### FAMILY SUPPORT AND RESOURCE PROGRAM

Together with our Provincial and Territorial Council, we provide supports and resources to those living with autism and their families.

### **AUTISM JUNCTION**

Canada's Online Autism Services Directory www.autismjunction.ca

### ANNUAL CONFERENCE / WEBCAST

Bringing the most current information to even the most remote areas of Canada.

### **ONLINE RESOURCES**

Automated Autism Screening Tools for all ages, an extensive video library and information on both traditional and emerging treatments.

### NATIONAL EVENTS CALENDAR

Find conferences, webcasts, training and workshops in your area.

### **ADULT AUTISM FORUM**

Adults living with autism come together online to share, learn, ask questions and get advice.

# 

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## WHAT IS AUTISM

Autism is the common name used to describe Autism Spectrum Disorder (ASD). It is a complex neurobiological disorder that affects many body systems including brain development, leaving most individuals with communication problems, difficulty with typical social interactions and a tendency to repeat specific patterns of behaviour. There is also a markedly restricted repertoire of activity and interests. Individuals living with autism tend to have varying degrees and combinations of symptoms.

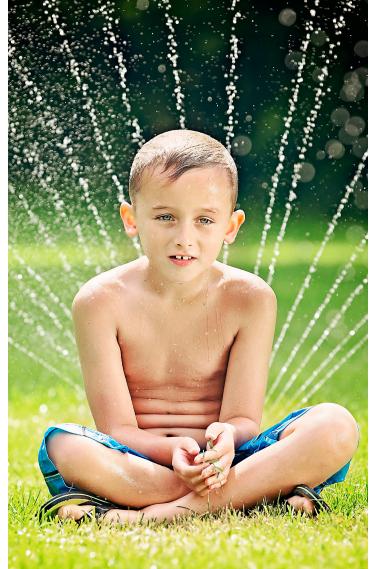
### **CHARACTERISITICS**

If your child has some of these characteristics and is between 18 and 36 months of age, he or she may be showing early signs of Autism Spectrum Disorder (ASD).

- Avoids eye contact
- Seems to ignore you
- Prefers to play alone
- Has excessive tantrums
- Has poor speech or 'loses' words
- Demonstrates limited pretend play
- Has repetitive & unusual behaviour
- Has chronic diarrhea or constipation
- Does not 'show you' or 'point to' objects

If you suspect your child may have ASD, consult a physician specializing in developmental disorders immediately.

The incidence of Autism Spectrum Disorder is at epidemic proportions and is currently diagnosed in up to 1 in 68 children.



# **TREATMENTS AND THERAPIES**

Each individual with an ASD will benefit from a broad-based approach drawing upon various treatments and therapies unique to his/her symptoms and abilities. The following are just some of the treatments and therapies currently used to manage or eliminate the symptoms of Autism Spectrum Disorders:

#### **BIOMEDICAL TREATMENTS**

Dietary Interventions Nutritional Supplements Detoxification Treatments Immune Support Treatments Medications

### EDUCATIONAL & BEHAVIOURAL PROGRAMS

Applied Behaviour Analysis (ABA/IBI) Floortime Pivotal Response Treatment (PRT) SCERTS TEACCH The Son-Rise Program Relationship Development Intervention (RDI)

### **COMMUNICATION THERAPIES**

Picture Exchange Communication (PECS) Verbal Behaviour Signed Speech Social Stories Facilitated Communication

# SENSORY, MIND & BODY THERAPIES

Sensory Integration Auditory Integration Vision Therapy HANDLE Therapy Music Therapy Cranial Sacral Therapy Chiropractic Therapy Occupational Therapy

### **OTHER THERAPIES**

Homeopathy Acupuncture Therapeutic Recreation



# **AUTISM SPECTRUM DISORDER**

Autism Classic Autism High Functioning Autism Autistic Disorder Aspergers Syndrome or Disorder Pervasive Developmental Disorder (PDD)

